

First Aid & Compliance Training Ltd



Our fact sheets are intended to provide all the information you need about our courses. If you have any further questions please do not hesitate to get in touch.

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| Qualification Title | L2 Award in Activity First Aid |
| Course Duration | 2 Days |
| | A minimum of 12 hours normally spread over two consecutive days. However, sessions can be spread over a maximum of 6 weeks should this better suit the needs of your business. Each session must be of at least two hours in duration. |
| Certificate Validity | 3 years |
| Max No of delegates | 12 |
| Description | <p>A first aid course designed for those who have an interest in outdoor activities including sports, leisure and recreation or any other form of activity. The course covers life threatening conditions and includes CPR, bleeding control and choking.</p> <p>Not only is Basic Life Support included, but many other first aid conditions are also covered, making it a very comprehensive qualification.</p> <p>Unit 1 (or day-1) contains and covers the learning outcomes of the level 2 Award in Emergency First Aid at Work, so those who wish to gain the L2 EFAW are able to sit day 1 of this qualification.</p> |
| Who should attend? | Students must be a minimum of 14 years of age. A student cannot assume a responsibility in the workplace until they reach the age of 16, and then it is the employer's responsibility to ensure that the student is suitable for that role. |
| Syllabus | A range of subjects are covered including responsibilities & reporting, assessment of the situation, dealing with an unresponsive casualty, basic first aid hygiene, fractures, drowning injuries, electrical injuries, heat and cold, resuscitation, heart attacks, minor injuries, bleeding control, head injuries, diabetes, spinal injuries, angina, choking, seizures, shock, asthma, burns. |
| Assessment & Certification | Assessment is ongoing by the instructor, along with a multiple-choice question paper. |
| Refresher Training Recommended | Annually. |
| Prices & Booking | Public courses: £90 per person Onsite training: £740 for up to 12 delegates All prices include certification costs & course material |

To book call 01985-302562 or email lizzie@firstaidandcompliancetraining.co.uk

www.firstaidandcompliancetraining.co.uk

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